

24 Hours a day, our nation's first responders dedicate their lives to serving the communities they work in. These professions are rewarding, but it also affects our first responders overall wellness.

1st Responder Conferences, recognize that first responders are our greatest asset and we feel like it's our responsibility to create a climate that supports good health and resiliency.

Our conferences are dedicated to promoting awareness surrounding the difficulties of the profession and inspiring conversations that minimize the stigma associated with the stressors our first responders experience.

Our training brings top-notch national resources to areas that wouldn't receive them otherwise. Each conference is unique as we capitalize on a mix of local speakers/organizations that each area has to offer. Included in our training is a networking social to provide an opportunity to connect all those resources and attendees.

The conference will provide wellness education, tools and resources for agencies, individuals and their families. Our mission is to improve the quality of life for all who dedicate themselves to serving others.