

**UPCOMING
CONFERENCES**



Mental Health and Wellness Training

Educating and Supporting
Our Everyday Heroes

Upcoming dates and locations:

November 2-3, 2023 SeaTac, Washington
December 7-8, 2023 Layton, Utah
January 11-12, 2024 Tempe, Arizona
February 27-28, 2024 Coeur d'Alene, Idaho
March 7-8, 2024 El Paso, Texas
March 25-26, 2024 Ocean City, Maryland
April 25-26, 2024 San Luis Obispo, California
September 5-6, 2024 Bellingham, Washington

**You MUST register to attend.*

**Breakfast, lunch, networking social included along
with raffles, giveaways and SWAG bag.**

This training is for all 1st Responders:
Police, Fire, EMS, Dispatchers, Military,
Veterans, Corrections, Coroners,
Chaplains, Retired First Responders,
Spouses, Professional Staff, Clinicians,
and Health Professionals.



www.1stRC.org

(206) 841-6632

**If your agency or organization is interested in co-hosting or endorsing a
conference, please contact Shawn at shawn@1stRC.org**