

Mental Health and Wellness Training

Educating and Supporting
Our Everyday Heroes

Upcoming dates and locations:

May 15-16, 2023 South Bend, Indiana

September 7-8, 2023 Columbus, Ohio October 5-6, 2023 San Antonio, Texas

November 2-3, 2023 SeaTac, Washington

December 7-8, 2023 Layton, Utah

January 11-12, 2024 Tempe, Arizona

February 27-28, 2024 Coeur d'Alene, Idaho

March 7-8, 2024 El Paso, Texas

March 25-26, 2024 Ocean City, Maryland

April 25-26, 2024 San Luis Obispo, California

September 5-6, 2024 Bellingham, Washington

October 17-18, 2024 Pasco County, Florida (tentative)

*You MUST register to attend.

Breakfast, lunch, networking social included along with raffles, giveaways and SWAG bag.

This training is for all 1st Responders:
Police, Fire, EMS, Dispatchers, Military,
Veterans, Corrections, Coroners,
Chaplains, Retired First Responders,
Spouses, Professional Staff, Clinicians,
and Health Professionals.



www.1stRC.org

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If your agency or organization is interested in co-hosting or endorsing a conference, please contact Shawn at shawn@1stRC.org